

CAROLINA DANCE PRODUCTIONS CLASS DESCRIPTIONS

Age/Class	Duration	Recital?	Description
Age 2-3			
Dance Play	30 minutes	Yes	An introduction to ballet and basic classroom procedure. Dance Play is great for improving motor skills, coordination, balance, and gaining a sense of rhythm!
Tumble Tots	30 minutes	No	Develop bdy awareness, coordination, and basic tumbling skills in this class geared toward our tiniest dancers!
Age 3-5			
Ballet/Tap Combo	45 minutes	Yes	Dancers will learn fundamental skills in both styles - ballet AND tap! Each style will be explored in this weekly class and they will perform TWO dances at Recital!
Hip Hop (4-6)	30 minutes	Yes	This fun class inspires creativity and teaches the fundamentals hip hop. Students will develop coordination, strength, dance technique, rhythm, and body awareness in a caring, exciting, nurturing environment.
Tumble Tots	30 minutes	No	Develop bdy awareness, coordination, and basic tumbling skills in this class geared toward our tiniest dancers!
Age 5-6			
Ballet/Tap/Jazz Combo	1 hour	Yes	Dancers will learn fundamental skills in all three styles - ballet, tap, AND jazz! Each style will be explored in this weekly class and they will perform THREE dances at Recital!
Hip Hop	30 minutes	Yes	This fun class inspires creativity and teaches the fundamentals hip hop. Students will develop coordination, strength, dance technique, rhythm, and body awareness in a caring, exciting, nurturing environment.
Acro	45 minutes	Yes	Enhance flexibility, strength, and balance in this acrobatic class that integrates gymnastics with dance techniques!
Pom	30 minutes	Yes	Spark enthusiasm and team spirit in this fun class where young dancers learn high-energy cheer moves, chants, and pom pom routines perfect for little performers!
Lyrical	30 minutes	Yes	Combine the technical aspects of ballet with storytelling in this beautiful dance style!
Musical Theater	30 minutes	Yes	Step into the spotlight and bring Broadway to life in this energetic class that combines acting through dance and storytelling!
Leaps & Turns	30 minutes	No	Master the art of powerful leaps and precise turns in this technique-focused class designed to enhance your agility, strength, and control. Perfect for dancers looking to refine their skills and elevate their performance!
Age 6-8			
Ballet	30 minutes	Yes	Develop grace, strength, and technique in this foundational class that focuses on classical ballet training and technique!
Tap	30 minutes	Yes	Explore rhythm and sound through dynamic footwork in this high-energy class that blends rhythm, music, and movement!
Jazz	30 minutes	Yes	Express yourself with vibrant, fast-paced movements in this upbeat class that emphasizes flexibility and style!
Hip Hop	30 minutes	Yes	Get moving to the latest beats in this urban dance class that combines freestyle with choreography!
Musical Theater	30 minutes	Yes	Step into the spotlight and bring Broadway to life in this energetic class that combines acting through dance and storytelling!
Lyrical	30 minutes	Yes	Combine the technical aspects of ballet with storytelling in this beautiful dance style!
Acro	45 minutes	Yes	Enhance flexibility, strength, and balance in this acrobatic class that integrates gymnastics with dance techniques!
Pom	30 minutes	Yes	Spark enthusiasm and team spirit in this fun class where young dancers learn high-energy cheer moves, chants, and pom pom routines!
Clogging	30 minutes	Yes	Kick, step, and glide in this lively class where dancers learn contemporary clogging with modern rhythms and dynamic, high energy footwork!
Leaps & Turns	30 minutes	No	Master the art of powerful leaps and precise turns in this technique-focused class designed to enhance your agility, strength, and control. Perfect for dancers looking to refine their skills and elevate their performance!

Age 8-10			
Ballet	30 minutes	Yes	Develop grace, strength, and technique in this foundational class that focuses on classical ballet training and technique!
Tap	30 minutes	Yes	Explore rhythm and sound through dynamic footwork in this high-energy class that blends rhythm, music, and movement!
Jazz	30 minutes	Yes	Express yourself with vibrant, fast-paced movements in this upbeat class that emphasizes flexibility and style!
Hip Hop	30 minutes	Yes	Get moving to the latest beats in this urban dance class that combines freestyle with choreography!
Musical Theater	30 minutes	Yes	Step into the spotlight and bring Broadway to life in this energetic class that combines acting through dance and storytelling!
Lyrical	30 minutes	Yes	Combine the technical aspects of ballet with storytelling in this beautiful dance style!
Contemporary	30 minutes	Yes	Embrace emotion and creativity in this fluid dance class that merges elements of ballet and modern dance!
Acro	45 minutes	Yes	Enhance flexibility, strength, and balance in this acrobatic class that integrates gymnastics with dance techniques!
Pom	30 minutes	Yes	Get ready for dance team with this prep class focused on building technique, learning routines, and developing performance skills to shine on any team.
Clogging	30 minutes	Yes	Kick, step, and glide in this lively class where dancers learn contemporary clogging with modern rhythms and dynamic, high energy footwork!
Leaps / Turns	30 minutes	No	Master the art of powerful leaps and precise turns in this technique-focused class designed to enhance your agility, strength, and control. Perfect for dancers looking to refine their skills and elevate their performance!
Conditioning & Combos	30 minutes	No	Elevate your dance technique by rotating through combos in different styles and stretch & strength training to build your stamina! Ideal for dancers looking to enhance their performance skills and versatility!
PrePointe	30 minutes	No	Prepare for the journey to pointe work in this essential class that strengthens the feet, ankles, and core while focusing on proper alignment and technique for safe and successful pointe training!
Age 10+			
Ballet	30 minutes	Yes	Develop grace, strength, and technique in this foundational class that focuses on classical ballet training.
Tap	30 minutes	Yes	Explore rhythm and sound through dynamic footwork in this high-energy class that blends music and movement.
Jazz	30 minutes	Yes	Soul jazz with flare! Express yourself with vibrant, fast-paced movements in this upbeat class that emphasizes flexibility and style!
Hip Hop	30 minutes	Yes	Get moving to the latest beats in this urban dance class that combines freestyle with choreography!
Musical Theater	30 minutes	Yes	Step into the spotlight and bring Broadway to life in this energetic class that combines acting through dance and storytelling!
Lyrical	30 minutes	Yes	Combine the technical aspects of ballet with storytelling in this beautiful dance style!
Contemporary	30 minutes	Yes	Embrace emotion and creativity in this fluid dance class that merges elements of ballet and modern dance!
Acro	45 minutes	Yes	Enhance flexibility, strength, and balance in this acrobatic class that integrates gymnastics with dance techniques!
Pom	30 minutes	Yes	Get ready for dance team with this prep class focused on building technique, learning routines, and developing performance skills to shine on any team.
Clogging	30 minutes	Yes	Kick, step, and glide in this lively class where dancers learn contemporary clogging with modern rhythms and dynamic, high energy footwork!
Leaps / Turns	30 minutes	No	Master the art of powerful leaps and precise turns in this technique-focused class designed to enhance your agility, strength, and control. Perfect for dancers looking to refine their skills and elevate their performance!
Conditioning & Combos	30 minutes	No	Elevate your dance technique by rotating through combos in different styles and stretch & strength training to build your stamina! Ideal for dancers looking to enhance their performance skills and versatility!
PrePointe	30 minutes	No	Prepare for the journey to pointe work in this essential class that strengthens the feet, ankles, and core while focusing on proper alignment and technique for safe and successful pointe training!
Class offerings are subject to change at CDP's discretion. Classes must have at least 4 registrants.			