

## CAROLINA DANCE PRODUCTIONS CLASS DESCRIPTIONS

Age/Class	Duration	Recital?	Description
<b>Age 2-3</b>			
Dance Play	30 minutes	Yes	An introduction to ballet and basic classroom procedure. Dance Play is great for improving motor skills, coordination, balance, and gaining a sense of rhythm!
<b>Age 3-5</b>			
Ballet/Tap Combo	45 minutes	Yes	Dancers will learn fundamental skills in both styles - ballet AND tap! Each style will be explored in this weekly class and they will perform TWO dances at
Hip Hop	30 minutes	Yes	This fun class inspires creativity and teaches the fundamentals hip hop. Students will develop coordination, strength, dance technique, rhythm, and body
Tiny Tumblers	30 minutes	No	Develop bdy awareness, coordination, and basic tumbling skills in this class geared toward our tiniest dancers!
<b>Age 5-6</b>			
Ballet/Tap/Jazz Combo	1 hour	Yes	Dancers will learn fundamental skills in all three styles - ballet, tap, AND jazz! Each style will be explored in this weekly class and they will perform THREE
Hip Hop	30 minutes	Yes	This fun class inspires creativity and teaches the fundamentals hip hop. Students will develop coordination, strength, dance technique, rhythm, and body
Tiny Tumblers	30 minutes	No	Develop bdy awareness, coordination, and basic tumbling skills in this class geared toward our tiniest dancers!
Acro	45 minutes	Yes	Enhance flexibility, strength, and balance in this acrobatic class that integrates gymnastics with dance techniques!
Pom/Cheer Dance	30 minutes	Yes	Spark enthusiasm and team spirit in this fun class where young dancers learn high-energy cheer moves, chants, and pom pom routines perfect for little
Musical Theater	30 minutes	Yes	Step into the spotlight and bring Broadway to life in this energetic class that combines acting through dance and storytelling!
<b>Age 6-8</b>			
Ballet	30 minutes	Yes	Develop grace, strength, and technique in this foundational class that focuses on classical ballet training and technique!
Tap	30 minutes	Yes	Explore rhythm and sound through dynamic footwork in this high-energy class that blends rhythm, music, and movement!
Jazz	30 minutes	Yes	Express yourself with vibrant, fast-paced movements in this upbeat class that emphasizes flexibility and style!
Hip Hop	30 minutes	Yes	Get moving to the latest beats in this urban dance class that combines freestyle with choreography!
Musical Theater	30 minutes	Yes	Step into the spotlight and bring Broadway to life in this energetic class that combines acting through dance and storytelling!
Lyrical	30 minutes	Yes	Combine the technical aspects of ballet with storytelling in this beautiful dance style!
Acro	45 minutes	Yes	Enhance flexibility, strength, and balance in this acrobatic class that integrates gymnastics with dance techniques!
Leaps, Turns, & Tricks	30 minutes	No	Master the art of powerful leaps and precise turns in this technique-focused class designed to enhance your agility, strength, and control. Perfect for dancers
Progressions/Combos	30 minutes	No	Elevate your dance technique by working through new styles, progressions and dynamic combinations that focus on sharp, stylized movements and fluid
Pom/Cheer Dance	30 minutes	Yes	Spark enthusiasm and team spirit in this fun class where young dancers learn high-energy cheer moves, chants, and pom pom routines perfect for little
Irish 8+	30 minutes	Yes	Dive into the lively world of Irish dance with this class, where dancers learn intricate footwork, traditional steps, and rhythmic precision, all set to vibrant
Masters of Movement	45 minutes	No	This class focuses on dancers connecting to music and how they move to it! A great class for dancers for dancers age 7 and up who love to move!
<b>Age 8-10</b>			
Ballet	30 minutes	Yes	Develop grace, strength, and technique in this foundational class that focuses on classical ballet training and technique!
Tap	30 minutes	Yes	Explore rhythm and sound through dynamic footwork in this high-energy class that blends rhythm, music, and movement!
Jazz	30 minutes	Yes	Express yourself with vibrant, fast-paced movements in this upbeat class that emphasizes flexibility and style!
Hip Hop	30 minutes	Yes	Get moving to the latest beats in this urban dance class that combines freestyle with choreography!
Musical Theater	30 minutes	Yes	Step into the spotlight and bring Broadway to life in this energetic class that combines acting through dance and storytelling!
Lyrical	30 minutes	Yes	Combine the technical aspects of ballet with storytelling in this beautiful dance style!
Contemporary	30 minutes	Yes	Embrace emotion and creativity in this fluid dance class that merges elements of ballet and modern dance!
Acro	45 minutes	Yes	Enhance flexibility, strength, and balance in this acrobatic class that integrates gymnastics with dance techniques!

Leaps, Turns, & Tricks	30 minutes	No	Master the art of powerful leaps and precise turns in this technique-focused class designed to enhance your agility, strength, and control. Perfect for dancers
Progressions/Combos	30 minutes	No	Elevate your dance technique by working through new styles, progressions and dynamic combinations that focus on sharp, stylized movements and fluid
Pom/Cheer Dance	30 minutes	Yes	Spark enthusiasm and team spirit in this fun class where young dancers learn high-energy cheer moves, chants, and pom pom routines perfect for little
Dance Team Prep 8+	30 minutes	Yes	Get ready for dance team with this prep class focused on building technique, learning routines, and developing performance skills to shine on any team.
Irish 8+	30 minutes	Yes	Dive into the lively world of Irish dance with this class, where dancers learn intricate footwork, traditional steps, and rhythmic precision, all set to vibrant
PrePointe 9+	30 minutes	No	Prepare for the journey to pointe work in this essential class that strengthens the feet, ankles, and core while focusing on proper alignment and technique
Progressing Ballet Tech	45 minutes	No	Enhance your ballet foundation with this specialized class that uses targeted exercises to improve strength, flexibility, and muscle memory, helping dancers
Masters of Movement	45 minutes	No	This class focuses on dancers connecting to music and how they move to it! A great class for dancers for dancers age 7 and up who love to move!
<b>Age 10+</b>			
Ballet	30 minutes	Yes	Develop grace, strength, and technique in this foundational class that focuses on classical ballet training.
Tap	30 minutes	Yes	Explore rhythm and sound through dynamic footwork in this high-energy class that blends music and movement.
Jazz Funk	30 minutes	Yes	Soul jazz with flare! Express yourself with vibrant, fast-paced movements in this upbeat class that emphasizes flexibility and style!
Hip Hop	30 minutes	Yes	Get moving to the latest beats in this urban dance class that combines freestyle with choreography!
Musical Theater	30 minutes	Yes	Step into the spotlight and bring Broadway to life in this energetic class that combines acting through dance and storytelling!
Lyrical	30 minutes	Yes	Combine the technical aspects of ballet with storytelling in this beautiful dance style!
Contemporary	30 minutes	Yes	Embrace emotion and creativity in this fluid dance class that merges elements of ballet and modern dance!
Acro	45 minutes	Yes	Enhance flexibility, strength, and balance in this acrobatic class that integrates gymnastics with dance techniques!
Leaps, Turns, & Tricks	30 minutes	No	Master the art of powerful leaps and precise turns in this technique-focused class designed to enhance your agility, strength, and control. Perfect for dancers
Progressions/Combos	30 minutes	No	Elevate your dance technique by working through new styles, progressions and dynamic combinations that focus on sharp, stylized movements and fluid
Dance Team Prep	30 minutes	Yes	Get ready for dance team with this prep class focused on building technique, learning routines, and developing performance skills to shine on any team.
Irish 8+	30 minutes	Yes	Dive into the lively world of Irish dance with this class, where dancers learn intricate footwork, traditional steps, and rhythmic precision, all set to vibrant
PrePointe 9+	30 minutes	No	Prepare for the journey to pointe work in this essential class that strengthens the feet, ankles, and core while focusing on proper alignment and technique
Progressing Ballet Tech	45 minutes	No	Enhance your ballet foundation with this specialized class that uses targeted exercises to improve strength, flexibility, and muscle memory, helping dancers
Masters of Movement	45 minutes	No	This class focuses on dancers connecting to music and how they move to it! A great class for dancers for dancers age 7 and up who love to move!
<b>ADULT!</b>			
Hip Hop	45 minutes	No	Unleash your energy and style in this fun, high-intensity class that blends the grooves of hip hop with the expressive flair of jazz funk, perfect for adults of all
Tap	30 minutes	No	Dive into rhythm and sound in this lively tap class designed for adults, where you'll explore intricate footwork and dynamic patterns in a fun, supportive
<i>Class offerings are subject to change at CDP's discretion. Classes must have at least 4 registrants.</i>			